

## *2012's Top Doc practicing chiropractic in Royal Oak since 1988*

News that Dr. Howard Manela was honored as HOUR magazine's Top Doc 2012 should come as no surprise to Metro Detroit residents, many of whom are familiar with his focus on health and wellness.

Dr. Manela of Royal Oak Chiropractic Clinic on Campbell Road is an expert at improving the body's overall wellness without the use of hazardous drugs or invasive procedures. The clinic blends standard processes with a focus on nutrition, exercise and diet to provide patients with excellent results and a quicker healing time.

"With chiropractic, we try to let the body to heal itself," Dr. Manela said. "I get patients well quicker and stabilize them better. My techniques will get you out of pain as soon as possible, and the healing is lasting."

Dr. Manela has been practicing chiropractic in Royal Oak since 1988 and has continuously offered his patients superior pain treatment, education and satisfaction.

Dr. Manela is one of few chiropractors offering adjustments with the high-tech and effective MLA30 Laser. Laser therapy offers painless, non-invasive, drug-free stabilization of the body to eliminate pain and increase wellness. It reduces inflammation in the joints to improve the overall health of the body and

combat a variety of ailments, from wounds or fractures to neurological conditions. It's a great alternative to conventional therapy for control of pain and a speedier healing of injuries, and many patients have begun migrating to this form of treatment.

If necessary, patients are provided with an herb to aid in pain management.

In addition to laser therapy, Dr. Manela is an expert in hand adjustments and instrument adjustments for patients who prefer those methods.

Royal Oak Chiropractic Clinic has many longstanding customers who have been patients at the office since it first opened. They remain loyal because of the experience of Dr. Manela, the reliability of the results, and the caring office staff.

To learn more about Dr. Manela or his treatment options, visit [www.royaloakchiropractic.com](http://www.royaloakchiropractic.com).

Royal Oak Chiropractic Clinic is conveniently located at 1010 N. Campbell Road, Suite 6, at Gardenia in Royal Oak. To schedule an appointment, call (248) 544-2400.

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